# BECAUSE WE CARE MINISTRIES, INC.

PO BOX 14132 ROANOKE, VA 24038

# **DRESS CODE**

## Please read & with integrity sign the BWCM Release waiver.

As vast as the miles between you and Nicaragua are, so it is with everyone's personal definition of modesty. Therefore, to help your packing process as well as to avoid awkward conversations we've made it real simple.

Please wear T-Shirts, with sleeves — everyday! Accept for Church Attire — see Information sheet for specific details on Church attire.

No low cut v-neck shirts, tank tops, spaghetti string or shirts without sleeves.

No exceptions. Collared shirts are certainly welcome but not necessary. Please don't bring shirts promoting alcohol, tobacco, or with obscene words or gestures.

Shorts should be worn at arms length. Please be aware that we are climbing in and out of a truck bed. Females: If your shorts are loose around your leg please wear something equivalent to a volleyball style spandex under your shorts. If you plan to wear yoga pants/leggings, please make sure your T-Shirt is long enough to cover your backside.

### Basic Options: (It's very simple)

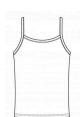


#### T-Shirt.

Yes, a *slight* V-Neck is acceptable. **However,** be careful to maintain modesty with all of your shirt choices.

Poor Options: (Not acceptable)







Packing light and little is certainly doable. Many are able to come with only a small backpack and roller style carryon. Feel free to bring T-Shirts that you wish to wear and leave in Nicaragua. We will wash them and give them away in our distribution ministry.

Thank you so very much for helping us stay appropriate with our dress as we share the gospel within our culture here in Nicaragua.

Cotton shirts are less desirable as they hold moisture and do not dry quick. Dry-wick material is ideal but not necessary. Please do not bring your best clothing when coming to serve in Nicaragua. You will get dirty and hot and so will your clothes.