

BECAUSE WE CARE MINISTRIES, INC.
 PO BOX 14132
 ROANOKE, VA 24038

INFORMATION

Emergency Numbers to reach the team in Nicaragua

Donald Gillette Cell: 001-505-556-9183
 Pam Gillette Cell: 001-505-580-9183

WHAT TO BRING LIST

<input type="checkbox"/> Passport	<input type="checkbox"/> Bible — Journal—Pen
<input type="checkbox"/> \$10 Bill - to get into the country. Clean, unmarked with <u>NO Tears</u> around the edges.	<input type="checkbox"/> 2 Water Bottles — 32 oz. Must have crew top lid.
<input type="checkbox"/> Hand Sanitizer x2 - small bottle to carry with you and a refill bottle.	<input type="checkbox"/> Lightweight jacket or sweatshirt for use on the airplane.
<input type="checkbox"/> Sunscreen	<input type="checkbox"/> Sweat Towel or Bandanna.
<input type="checkbox"/> Insect Repellant. EpiPen if needed.	<input type="checkbox"/> Hat
<input type="checkbox"/> Closed toed shoes must be worn at all times outside the Casa De Shelly.	<input type="checkbox"/> Sandals, crocks or flip-flops are fine at the Casa.

APPROPRIATE CHURCH ATTIRE

<p>Men: Long Pants Please! Khaki's or Jeans are fine with a collared shirt. Sandals are fine to wear to church.</p>	<p>Women: Lightweight dress or skirt - Modest length please. Sandals are fine to wear to church.</p>
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You DO NOT need an adapter for your curling iron or hair dryer.
 Bed linens, pillow, towel and washcloth are provided at the Casa.
 There is NO WIFI at the Casa.
 You'll have access to wash clothes—*Authentically! Hand washing.* Dry Lines provided.

*****Attention***Very Important*****

**Please read the attached documents concerning
 DRESS CODE & HYDRATION.**

With integrity sign the BWCM Release waiver stating that you've read, understand and to the best of your ability plan to follow.